



CITY OF CLEVELAND

Mayor Frank G. Jackson

From: **Office of the Mayor**

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FOR IMMEDIATE RELEASE:

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City of Cleveland Extends Hours at 8 Neighborhood Resource & Recreation Centers Ahead of Excessive Heat Watch

Temps are expected to climb into the 90s with heat indices in the 100s

CLEVELAND – The City of Cleveland reminds residents to exercise caution during high heat days like Thursday, Friday and Saturday when temperatures are expected to reach 90 degrees with high humidity. On Sunday, temps will climb to 88 degrees. The National Weather Service has issued an Excessive Heat Watch from noon Friday to 8 p.m. on Saturday.

City Neighborhood Resource and Recreation Centers (NRRC), Pools and Spray Basins

City outdoor pools will be open when temperatures reach 85 degrees and spray basins open when the temperature reaches 80 degrees. The City of Cleveland's spray basins will remain on through Monday, July 22. [Click here for a list of spray basins and indoor and outdoor pools.](#)

In addition, eight City of Cleveland Neighborhood Resource and Recreation Centers will be open until 11 p.m. Wednesday through Saturday. The centers with extended hours include:

- **Lonnie Burten**
2511 East 46th St.
- **Zelma George**
3155 Martin Luther King Jr.
Blvd.
- **Thurgood Marshall**
8611 Hough Ave.
- **Fairfax**
2335 E. 82nd St.
- **Earle B. Turner**
11300 Miles Ave.
- **Michael Zone**
6301 Lorain Ave.
- **Cudell**
1910 West Blvd.
- **Glenville**
680 E. 113th St.

Tips for Staying Safe During Excessive Heat Watch

- Stay hydrated! Drink plenty of water and avoid caffeine.
- Wear loose-fitting, light-colored clothes during hot weather.
- Cover your head with a hat, use sunscreen to protect yourself from the sun's rays.
- Keep cool in the shade. If you don't have air conditioning, visit cool areas like a City

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Neighborhood Resource and Recreation Center or library on high heat days.

- Always check on friends and neighbors, especially those who are seniors or have young children. [Click here to download the Department of Aging's summer heat booklet](#) for more senior tips.
- Keep an eye on pets! Make sure pets have access to plenty of shade and have plenty of water. Be careful when walking pets on asphalt, as sensitive pet paws can burn on hot surfaces.
- Never leave children or pets alone in vehicles.
- Keep an eye out for air quality alerts during excessive heat. Populations with existing respiratory conditions - such as asthma, COPD or lung cancer, as well as vulnerable populations such as elderly and youth - are at risk due to increased air pollution during excessive heat. Call the Air Quality Hotline at (216) 664-7442 or visit airnow.gov for daily updates.
- Consider refraining from activities that contribute to poor air quality during excessive heat waves including mowing your lawn, refueling your vehicle, open burning of any kind and unnecessary driving trips.
- [Recognize the Signs of Heat Exhaustion and Heat Stroke](#)
- Do not open fire hydrants for any reason. An open hydrant can reduce the amount of water available at another hydrant during an emergency.
- **Power Outages:** CPP customers can call 216-664-3156 to report a power outage or visit CPP.org.
- **Water Issues:** If customers experience a water service emergency, please call 216-664-3060.

About the City of Cleveland

The City of Cleveland is committed to improving the quality of life of its residents by strengthening neighborhoods, delivering superior services, embracing diversity and making Cleveland a desirable, safe city in which to live, work, play, and do business. For more information on the City of Cleveland, visit online at www.city.cleveland.oh.us, Twitter at [@cityofcleveland](https://twitter.com/cityofcleveland) or Facebook at www.facebook.com/cityofcleveland.